



25th October 2015 · 10am - 5pm

Spend a day with pioneering farmers, millers and bakers, including presentations on approaches to organic farming, biology and evolution of grains, heritage varieties, milling methods, legislation and supply chains, adaptation of baking methods for UK wheat and a panel discussion chaired by Sheila Dillon (BBC).

**Per Grupe & Fintan Keenan.**  
The Danish approach. Inter-row tillage, Scandi-land Races, On Farm Milling (Practical Knowledge Transfer)

**Nick Fradgely, Organic Research Centre**  
Developing unique wheat populations for organic plant breeding and research on maintaining healthy soils.

**John Clohesy**  
What farmers can do to make their wheat best suited for bread making.

**Andrew Wilkinson, Gilchester Organics**  
Pioneering Farmer and wheat breeder. Story of organic conversion and setting up an on site milling operation.

**John Letts, Archaeo-Botanist and Farmer**  
Collection of heritage varieties, farming approach and milling results.

**Nicolas Supiot**  
Pioneer of Boulanger-Paysan movement in France; Discusses wood-fired oven baking, heritage farming and sourdough baking. **THINK SOIL.**

**Jojo Tulloh**  
How hard is it to grow your own flour? UK food writer Jojo looks at the history behind England's wheat fields and brings it up to the present day ahead of her new book.

**Kate Hayter, e5 Baker**  
Talk on how shifting to UK grown stoneground flour has needed adaptations in recipes and techniques. (Live Demo)

**Andy Forbes**  
Leading researcher in applied heritage grain farming talks about how to broaden take up by farmers.

**Andrew Whitley**  
Founder of Bread Matters, discusses his 'Scotland The Bread' project, the question of nutrient density in wheat development, and the public health implications of different milling and baking choices.

**BBC's  
Sheila  
Dillon**

Final Guest Panel Discussion chaired by

Tickets £40 Including lunch and refreshments. <http://farmtoloaf.eventbrite.co.uk>  
Email [jess@e5bakehouse.com](mailto:jess@e5bakehouse.com) or call 0208 5252890 for more information

e5 Millhouse, 396 Mentmore Terrace, Hackney E8 3PH.