

# What else does the PEX project do?

We lobby government for changes to eliminate exposure to pesticides and to improve the rights of the public. We also produce practical and policy-orientated publications:

- Policy documents** for campaigners, MPs, and policy-makers.
- Pesticide exposure and health: the PEX briefings** (donation requested)  
Comprising six sections, this is a comprehensive resource for anyone who has been exposed to pesticides. It includes contact details for regulators and doctors with an interest in pesticides and health.
- The PEX Newsletter** is quarterly (free of charge to anyone whose exposure case is on our database, otherwise £10 per annum subscription)
- People's pesticide exposures** – poisons we are exposed to every day without knowing it, an overview of UK pesticide exposure, published annually since December 04 - available free as a pdf file on our website.

# Become a PAN supporter

Your support can help PAN UK create a safer, healthier environment. Just £10 a year can make a difference. Choose the level of support and publications (details below) you would like to receive:

☐ £10 - Greenfly, supporters' newsletter.

☐ £25 - Individuals: Greenfly, Pesticides News, Current Research Monitor, Pesticide Exposure newsletter

☐ £50 - NGOs: Greenfly, Pesticides News, Current Research Monitor, Pesticide Exposure newsletter

☐ £\_\_\_\_\_ I would like to make a donation (£10, £20, £50, £100, other)

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Please send me details of all publications ☐ I do not wish PAN UK to disclose my details to any third party ☐

Please return completed forms to:  
PAN UK, Development House, 56 - 64 Leonard Street, London EC2A 4JX

If you are concerned about pesticides and health, contact Alison Craig at Pesticide Action Network UK directly on tel 020 7065 0914 [alisoncraig@pan-uk.org](mailto:alisoncraig@pan-uk.org). The (PEX) Action on Pesticide Exposure Project is a support and advisory service for anyone whose health has been affected by pesticides or has concerns about pesticide exposure.

# CONCERNED ABOUT PESTICIDE EXPOSURE?

Pesticide exposure affects us all, because these toxins contaminate our food, water, the air we breathe, and even our bodies.

- Do you:
- ☐ Live near fields where pesticides are used?
  - ☐ Walk regularly over pesticide-treated fields?
  - ☐ Work with pesticides?
  - ☐ Treat your home or garden with pesticides?

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People and pets can be poisoned by pesticides

# Did you know:

**!** If you live next to sprayed fields, you still have no right to know what pesticides are being used, even if they make you ill? The government promised us this right in June 2004, but it hasn't yet happened.

**!** Pesticide-users have no legal obligation to provide advance notification of spraying, or to put up warning signs, or to leave buffer no-spray zones in residential areas. Campaigns for these have led to recommendations by the independent Royal Commission on Environmental Pollution in 2005.

**!** Almost half of all the sampled fruit and vegetables you buy\* (unless it is organic) is contaminated with pesticide residues?

\*according to government test results

***'I read the PEX Briefings and was impressed – it is well written, and from the standpoint of an interest group, objective and well balanced with lots of useful information.'***

Dr John Cocker, Head of Biological Monitoring, Health & Safety Laboratory

***'The People's Pesticide Exposures report is splendid and I do congratulate you on an immensely valuable piece of work.'***

Margaret Reichlin, PEX supporter



# The PEX advice service

If you or your neighbours experience pesticide exposure through drift, vapour, or overspray, or use in the home, and have symptoms, or are concerned about your own or pets' health, please contact us immediately. We can help with prompt advice on:

- ✓ Which authorities to contact urgently, and what they can and cannot do
- ✓ The physical evidence you need to prove exposure, and how to collect it
- ✓ The legal rights you have now
- ✓ The legal rights you should have, for which we are campaigning: notification, disclosure of farm spray records, and buffer no-spray zones in residential areas
- ✓ The practical measures you can currently take
- ✓ How others are being, or have been, affected by the culprit chemical (eg sulphuric acid in the summer)

# The PEX Database

This is a repository of evidence of the harmful effects of pesticides, and the experiences of people. With your permission, incidents are added to build up a picture of the real effects of pesticide use with which we lobby policy makers and regulators. By contributing your experience to our database you ensure the exposure is logged and becomes evidence which cannot be ignored by government.

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